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Dennis Vince • April 5 • Sault Ste. Marie



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SHARING.

Got talent? Get Creative

That's Campus Creative, a new London agency that aims to match highly skilled people with businesses that need them **PAGE 2**

Blue Jays not panicked – yet

The GM plans to stay the course even as the team's problems continue against the Yankees, who complete the series sweep **PAGE 18**



SEEING STARS

Ice dancing duo Tessa Virtue and Scott Moir perform to Gotye's Somebody That I Used to Know as the Stars on Ice tour took over Budweiser Gardens on Sunday. Featuring the likes of skating legend Kurt Browning, who has been with Stars on Ice since it started in 1991, and newcomers such as Patrick Chan, the show is making its way across Canada. MARK SPOWART/FOR METRO

LTC aims for speedy delivery this fall

Moving people faster.
The Masonville semi-express route to roll out on Sept. 1



JOHN MATISZ
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Bus riders, rejoice.

The first impact of the city's ambitious 2030 Transportation Master Plan will be felt this fall.

The London Transit Commission has approved adding a semi-express bus route along Richmond Street between downtown and the Masonville area — the first of its kind for the LTC.

The route's weekday-only service begins on Sept. 1 and will run from 6 a.m. to 6 p.m.

"The semi-express will operate with fewer stops and therefore (take) the burden off Richmond and Wellington bus routes," LTC general man-

Transit news

Other recent and upcoming LTC service changes:

- **10 Wonderland/14 Highbury route:** Now stops every 30 minutes from 9 p.m. to midnight, Monday to Saturday.
- **20 Cherryhill route:** Now stops every 20 minutes during peak hours.
- **17 Oxford West route:** Service will not be reduced for summer. The bus will operate on the same schedule all year, effective June 23.

ager Larry Ducharme said.

Over the past few years, buses on the Richmond and Wellington route have become overcrowded, leaving drivers no choice but to pass riders waiting at stops, Ducharme said.

Since the existing bus corridor leading from the city's north end to downtown is currently "plugged up," it was a no-brainer pick for testing the semi-express concept, he said.

A similar semi-express route is being planned for next year on Wellington Street, linking the White Oaks area and downtown, officials have said.

"We think it's a precursor to what the BRT corridor will look like," Ducharme said about this year's effort.

The Bus Rapid Transit project calls for a \$378-million capital investment, with money from all three levels of government. It aims to provide, among other things, a well-designed, more efficient bus.

Building the rapid-transit network is key to the city's long-term transportation infrastructure outlined in the 2030 plan. The LTC plans to present the BRT business case to city council next month.

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Matching the right skill with the right business

Campus Creative. Will Komer hopes to bridge the gap between 'talented' Londoners and the businesses that need them

MARK SPOWART
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If Will Komer had been born before Kevin O'Leary, the Dragons' Den star's road to billions may not have started in his mom's basement.

O'Leary, chairman of Canadian-based investment fund company O'Leary Funds, made his money by taking a \$10,000 loan and creating a software company in his parents' Toronto home. He later sold that business for \$4.21 billion.

Komer would like to see other entrepreneurs do the same, just not in a basement and with a little more backing. The 24-year-old Londoner thinks he's found the right spot from which to launch that backing — towering above King Street.

"The model here is if somebody needs to work on something, or needs to facilitate a project, and they don't want to be working in their basement, they come here," Komer said Sunday, standing in an office that overlooks Citi Plaza.

Komer is funding the venture, which he calls Campus Creative, from his own pocket. He makes it clear that the effort isn't a business incubator or a shared-office space.

Rather, it's a place where

Quoted

"We are looking for people who are extremely talented, but not able to express those talents."

Will Komer, 24, of London, founder of Campus Creative

teams can work together to bridge a gap between people with skills to offer — ranging from artists to students — and businesses that need them. Campus Creative leaders will act, in essence, as brokers connecting the groups.

"We are looking for people who are extremely talented, but not able to express those talents," the Western University graduate said.

In addition to playing matchmaker, Campus Creative will also allow people to market themselves as interested in learning about and improving their skills in certain areas.

Komer believes there are a number of smaller businesses willing to work with someone who will fulfill the job they were hired for, but, at the same time, get some valuable on-the-job learning.

"Because they are a small business, they may accept an Ivey student as opposed to a graduate to work on their business plan," he said.

Komer's still figuring out how much tapping into Campus Creative will cost potential clients. But, he said, he's not against looking at different formulas, including those that make it easy for someone who's working on a tight budget to get involved.



Will Komer, 24, of London, is pictured Sunday in the second-floor office space of Campus Creative at 186 King St. The effort aims to match businesses in need of services with local people who can provide them. MARK SPOWART/FOR METRO

Sexual predator. Cops issue safety alert at Western U.

Western University campus police are warning people about a man making unwanted sexual advances toward female students.

Police say the man, who drives a dark vehicle, possibly a Honda Accord, is approaching women and asking for directions. He then asks them to get in his vehicle and propositions them for sexual favours, police say.

The man is in his mid-20s, about six-foot-one and weighs about 180 lbs. He has dark skin and medium-length straight

londoncrimestoppers.com

Anyone with information about similar incidents is asked to call London police at (519) 661-5670 or Crime Stoppers at 1-800-222-TIPS.

black hair.

Police are urging students to use the campus escort service if they don't feel safe walking alone.

London police are investigating the reports. **METRO**

YMCA of Western Ont.

Finding London's 'cutest kid'

People have until Tuesday to register for a cutest-kid contest aimed at raising \$1,000 for the YMCA of Western Ontario's Strong Kids campaign. People pay \$45 to enter a child ages six months to 12 years old. The fee includes a photo session at Rebecca Nash Photography with a portion of proceeds going to the Strong Kids campaign. Pictures will be posted at Londonscutestkid.com through May 31.

METRO

Run for Ovarian Cancer

Fundraiser set for Mother's Day

The London Run for Ovarian Cancer is slated for May 12 in Springbank Park.

Registration starts at 8 a.m. with the five-kilometre run, along with a shorter one-kilometre run, starting at 10 a.m.

The event is a fundraiser with money going to London Health Sciences Centre for research into ovarian cancer treatment.

For details, visit runforovariancancer.ca. **METRO**

Café Scientifique

Experts to lead germ discussion

The Forest City has been tapped as one of nine places hosting what's billed as Café Scientifique events about human immunology.

Organized by the CIHR Human Immunology Network, the local discussion — called "The wars within: How microbes shape our immune system" — is planned for 7 to 9 p.m. Monday at The Grand Theatre (471 Richmond St.). Admission is free. **METRO**

Will they face off against Colts or Bulls? Knights ready to tackle OHL finals

They don't know who they'll play or when.

But the London Knights are headed to the OHL's big dance.

Tickets for the championship series hit the market on Saturday, a day after the Knights claimed the Western Conference title by beating the Plymouth Whalers 5-4.

Friday's overtime victory came at the hands of the Knights' Max Domi.

"I jumped all over it, went in and got lucky," Domi said, recalling the short pass from linemate Chris Tierney only 20 seconds into extra time.

The Knights were up 4-0 at one point. Plymouth broke the shutout with a late second-period goal, going on to score three more within a six-minute span in the final frame.

London gave up only one



game in the best-of-seven-series against the Whalers.

The Eastern Conference finals — and the Knights' opponent in the championship series — haven't been decided.

The Barrie Colts and Belleville Bulls play their final game on Monday evening.

METRO

Charged with possession of stolen property over \$5K. Suspected graveyard thief busted by scrap dealer

A 32-year-old London man has been arrested after police say he stole metal flower vases from Forest Lawn Cemetery.

Andrew Alpaugh was charged with possession of stolen property over \$5,000. The police investigation started after Alpaugh tried to sell vases to a scrap-metal company late last week, officials said.

Police called the alleged thefts "intolerable" and have asked area scrap dealers to contact them if simi-

Found

39

Number of stolen cemetery vases recovered by police.

lar items crop up in the coming days.

Investigators will take a "zero-tolerance" approach to finding those responsible, police said.

METRO

Driver killed

OPP investigating fatal accident in Thames Centre

Police continue to investigate after a man was killed in a freak accident on Thursday just outside of London.

Brian Lambert, 57, of Branchton, was driving north on Elgin Road in Thames Centre when a piece of roofing blew off a southbound farm trailer

and into his vehicle, police said.

Lambert died in a London hospital a short time after the accident. The Ontario Provincial Police, which is handling the investigation, has not said if charges will be laid.

Anyone with information is being asked to call a local police department or the OPP at 1-888-310-1122. METRO



For more local news visit metronews.ca



He's a speedy Mustang, all right

Kevin Blackney, 21, a Western University student from Port Perry, crosses the finish line on Sunday, posting the best time in the Forest City Road Races' 10K. The races saw thousands of people lace up their shoes for a morning of running centred around Victoria Park. The races are a fundraising benefit for the Thames Valley Children's Centre, which works with children and young adults who have physical disabilities and those with delayed development. A fundraising total was not available on Sunday. MARK SPOWART/FOR METRO

Fanshawe preps for new horizons in 2013-14

Plan to 'address Ontario's skills gap.'
The school expects a 20 per cent increase in enrolment over the next five years



JOHN MATISZ
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With the release of a revamped mission statement and strategic goals scheduled for late May, Fanshawe College has offered a sneak peek by unveiling its next-year framework.

The 2013-14 strategic plan and budget features the announcement of seven new programs, the launch of a Weekend College aimed at adults and an expansion of its university partnerships.

The plan's intentions are "squarely focused on helping address Ontario's skills gap," and factors in an estimated 20 per cent enrolment boost over the next five years, officials say.

"The purpose of that growth is to support what we believe are the emerging labour-market needs in this area," Fanshawe's vice-president of administration, Bernice Hull, said.

The college says it will boast about 14,904 full-time students starting in the fall, up from 13,816 in 2012-13. That growth will continue in the future, officials say.

Fanshawe is also targeting a three per cent increase in international enrolment for the 2013-14 school year, up from the current 1,431 international students.

The college is padding its university partnerships and transfer agreements with a number of other post-second-

Coming up

New programs coming to Fanshawe in the fall:

- Animation advanced diploma
- Media communications diploma
- Media foundations certificate
- Aviation technician (aircraft maintenance)
- Game development (advanced programming)
- Pre-health science
- Geographic information systems graduate certificate

ary institutions, most notably Western University, by providing a variety of college-university split degrees.

As well, an alternative learning experience for adults,

called Weekend College, will be introduced this fall. The initiative will provide more options to those enrolled in continuing-education programs, Hull said.

Fanshawe has for years offered evening and weekend classes aimed at adults, but the Weekend College concept, which expedites the process by holding longer sessions on fewer days, is borrowed from Algonquin College. Construction and human services are the pilot project's two programs of study.

As for the 2013-14 budget, the school has dedicated \$206 million to operations — mainly employee compensation — and will invest \$52.8 million in capital projects.

About \$40 million of the capital is plugged into finishing the first phase of a new downtown campus, set to open in the fall.

Laughing it up for a charitable cause

If you ask the folks at LUSO Community Services, there's nothing funny about the challenges many Londoners face with literacy.

One in three local children eight to 14 years old reads below their grade level, says Elisabete Rodrigues, LUSO's executive director.

That alone, she said, is reason enough to give literacy as much attention as other pressing social issues.

"(Literacy) means being able to communicate with

others but also doing simple chores like reading a prescription bottle or directions on a label," Rodrigues said.

Despite the topic's serious nature, Rodrigues and others at LUSO are getting ready to kick up a few chuckles for the cause.

The agency's Laughs for Literacy fundraiser is planned for May 9. LUSO's teamed up with comedy improv troupe Shut the Front Door for an evening of jokes — and, hopefully, serious do-

nations.

The group wants to raise \$10,000 for outreach programs, including tutoring, an initiative aimed at promoting reading as a family and a summer project that gets kids reading over breakfast.

Laughs for Literacy started from humble beginnings. Once Rodrigues paired a playful name with the cause closest to her organization's heart, everything else fell into place, she said.

DAVE DE VRIES/FOR METRO

If you go

- Along with a comedy show, Laughs for Literacy will include a silent auction and food. Auction previews start at 6:30 p.m. The comedy show starts at 8 p.m.
- Tickets are \$40 each in advance or \$75 for two. Call 519-452-1466. They cost \$50 at the door.

Fire breaks out amid rescue efforts at factory in Bangladesh

Collapsed garment plant. As rescuers were trying to cut through a steel rod to reach a woman in the rubble, fire broke out

A fire broke out late Sunday in the wreckage of the garment factory that collapsed last week in Bangladesh, with smoke pouring from the piles of shattered concrete and some of the rescue efforts forced to stop.

The fire came four days after the collapse, as rescuers were trying to free a woman they found trapped in the rubble. The flames broke out when sparks were generated by those rescuers trying to cut through a steel rod to reach the woman, said a volunteer rescuer, Syed Al-Amin Roman. At least three rescue workers were injured in the fire, he said.

Rescuers have retreated

from the part of the wreckage where the fire erupted, but were still trying to reach any possible survivors in other parts of the destroyed eight-storey building.

Firefighters were frantically hosing down the flames.

"Hopefully we will be able to control it," said Brig. Gen. Mohammed Siddiqui Alam Shikder, who is overseeing rescue operations.

It wasn't immediately clear what happened to the trapped woman.

The fire came hours after the owner of the illegally-constructed building was captured Sunday at a border crossing with India.

Mohammed Sohail Rana was arrested in Benapole in western Bangladesh, just as he was about to flee into India's West Bengal state, said Jahangir Kabir Nanak, junior minister for local government. Rana was brought back by helicopter to the capital Dhaka where he faced charges of negligence.

THE ASSOCIATED PRESS



Relatives of missing workers in a building that collapsed on Wednesday hold pictures of their family members in Savar, near Dhaka, Bangladesh, on Sunday. KEVIN FRAYER/THE ASSOCIATED PRESS

In the Playroom: Kids reenacting tragic stories



In one of Jonathan Hobin's newest provocative photographs, GOT HIM!, a marine with a toy gun shoots Osama bin Laden in a messy ketchup-blood scene beside a kitchen fridge. JONATHAN HOBIN/THE CANADIAN PRESS

For Picasso's masterpiece Guernica, it was the German bombing of a Spanish town. For Ottawa art photographer Jonathan Hobin's Twins, it was 9/11.

Current events have always inspired art and Hobin's latest instalment in his controversial series In the Playroom is an arresting modern example.

Each of his photos depicts children at play re-enacting tragic public events.

Hobin, 33, has portrayed familiar stories, such as a Halloween-inspired Abu Gh-

raib prison scene, a portrait of the late North Korean dictator Kim Jong-il and JonBenét Ramsey dressed in a pageant gown, among others.

He says the child models in his photographs are unpaid volunteers, and are either the children of friends and family, or models from agencies.

"I definitely would never have photographed a child unless I fully communicated what I was going to do," he said in an interview.

Parents "had to believe in what I was doing if I was going to photograph their

child."

The idea for the series came after Hobin witnessed the repeated and unforgettable images of the planes striking the World Trade Center towers on 9/11.

"I started to think: 'I'm an adult and I can kind of handle what that means,'" he said.

"But with someone who is not as equipped as I am with problem-solving or just life experiences, how are they going to see that sort of thing? How are they going to comprehend what that means?"

THE CANADIAN PRESS

Processing violence

Asked whether he would depict the recent Boston Marathon bombings, Hobin said such events need time to play out in the culture before he can consider reflecting the stories visually.

- "It took probably about six or seven years before I did the 9/11 attacks. You kind of let the dust settle and see how it plays out," he said.

Showing solidarity?

More workers join Alta's prison guards in strike: Union

More provincial workers are joining Alberta's prison guards in a wildcat strike, according to their union, while the government counters that the union is spreading rumours and

many guards are actually returning to work.

Tyler Bedford, a spokesman for the Alberta Union of Provincial Employees, announced Sunday that provincial sheriffs in Edmonton and Calgary will join the strike by hundreds of jail guards.

The sheriffs are members of the same AUPE local as the guards.

THE CANADIAN PRESS

Bank of Canada

Delay casts air of suspense over governor pick

With the announcement due in days, the overwhelming odds remain that second-in-command Tiff Macklem will be appointed the next governor of the Bank of Canada.

Yet the nearer the date

approaches to Mark Carney's June 1 departure for London, questions are being asked about what is taking Finance Minister Jim Flaherty so long to confirm what markets and economists have long considered a near slam dunk.

It's been a full five months since Flaherty has known his first appointee to the central bank was taking his leave early.

THE CANADIAN PRESS

British Columbia

Multiple fatalities after horrific crash

Five people are dead following what one B.C. RCMP officer calls the worst car crash he's witnessed in 20 years.

Police say the crash occurred in Surrey, at an intersection not far from the U.S. border on Sunday

morning.

Sergeant Dale Carr said it appears that a Dodge Caravan sped through a red light at the intersection and then crashed into a mid-sized car.

All five occupants — three adults and two children — of the mid-sized car died at the scene. The male driver — and lone occupant — of the Dodge Caravan suffered serious injuries.

THE CANADIAN PRESS

Boston. FBI investigating whether bombing suspects got training: Lawmaker

The FBI is investigating in the United States and overseas to determine whether the suspects in the Boston Marathon bombing received training that helped them carry out the attack, the chairman of the U.S. House Homeland Security Committee said Sunday.

Rep. Michael McCaul spoke a day after U.S. officials disclosed that Russian authorities secretly recorded a telephone conversation in 2011 in which one of the two brothers suspected in the attack, Tamerlan Tsarnaev, vaguely discussed jihad with his mother.

The father of the Tsarnaev brothers, meanwhile, said from Russia on Sunday he is postponing a trip to the U.S. because of poor health.

Tsarnaev, 26, died in a police shootout. His younger brother, 19-year-old Dzhokhar, is charged with setting off the shrapnel-packed pressure-cooker bombs near the finish line of the Boston Marathon on April 15. Three



Anzor Tsarnaev, the father of the two Boston bombing suspects, postponed his trip to the U.S. Sunday because of poor health.

THE ASSOCIATED PRESS

people were killed and more than 260 were injured.

U.S. officials investigating the bombings have told The Associated Press that so far there is no evidence to date of a wider plot, including training, direction or funding for the attacks.

The bombs were triggered by a remote detonator of the kind used in remote-control toys, U.S. officials have said.

THE ASSOCIATED PRESS

Rejected. Prison interview with Omar Khadr overruled by the feds

A federal cabinet minister rejected a request for a prison interview with former Guantanamo Bay detainee Omar Khadr even though the warden gave it a green light — a move some are denouncing as extraordinary political interference.

Documents obtained by The Canadian Press under the Access to Information Act

show the warden of Millhaven Institution, where Khadr is in maximum security, approved the interview request made by the news agency in January, only to be overruled.

The refusal came from the office of Public Safety Minister Vic Toews to Correctional Service Canada, records show.

THE CANADIAN PRESS

2 officers shot outside Italian PM's office

Target. Shooting comes as Italy's new government is sworn in

Alleged assailant

- Rome prosecutor Pierfilippo Laviani identified the alleged assailant as Luigi Preiti, a 49-year-old from Calabria, a southern agricultural area plagued by organized crime and chronic unemployment.

An unemployed bricklayer shot two Italian policemen in a crowded square outside the prime minister's office Sunday just as Italy's new government was being sworn in, investigators said.

The gunman's intended target was politicians, but none were in the square so he shot at the Carabinieri paramilitary police, Rome Prosecutor Pierfilippo Laviani told reporters, citing what he said were the suspect's own words.

Mired in recession and suffering from soaring unemployment, Italy has been in political paralysis since an inconclusive February election. Social and political tensions have been running high among voters divided between centre-left, conservative and anti-government political parties.

Sunday was supposed to be a hopeful day when the debt-

ridden nation finally got a new government to solve its many problems. But shots rang out in Piazza Colonna near a busy shopping and strolling area shortly after 11:30 a.m., just as Prime Minister Enrico Letta and his new ministers were taking their oaths at the Quirinal presidential office about a kilometre away.

The shooting panicked tourists and locals in the square, whose centerpiece is a towering, second-century ancient Roman column honouring Emperor Marcus Aurelius. Rome was packed Sunday with people enjoying the last day of a four-day weekend.

THE ASSOCIATED PRESS



A forensic officer collects evidence in Piazza Colonna where two Italian policemen were shot and wounded in the crowded square outside the prime minister's office in Rome on Sunday. ALESSANDRA TARANTINO / THE ASSOCIATED PRESS



Building explosion kills at least three in France

A possible gas explosion ripped off the side of a five-storey residential building in France's Champagne country on Sunday, killing at least three people and injuring 14 others, officials said. More than 100 rescue workers, firefighters, sniffer-dog squads and bomb-and-gas experts were deployed to the gutted building in a subsidized housing complex in the city of Reims, east of Paris, officials said. Heaps of debris spilled out of the building onto a grassy esplanade below. "The explosion of a residential building in Reims is a terrible drama," the office of French President Francois Hollande said in a statement, conveying his condolences to the victims' relatives. Michel Bernard, the top government official in Reims, said crews searching for survivors turned up the body of a woman under the rubble Sunday afternoon, raising the death toll to three. He said it was unlikely that the toll would rise any higher. JACQUES BRINON / THE ASSOCIATED PRESS



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Who's the space cadet on the new \$5 bill?

Funny money. Dextre, Canada's extraterrestrial robotic go-to guy, rockets to fame on plastic notes — leaving focus groups scratching their heads



The Canadian Space Agency's robotic handyman, known as Dextre, ferries cargo from the Kounotoriz cargo ship to the International Space Station in February 2011. Dextre will be featured on one of the Bank of Canada's new plastic notes. NASA/THE CANADIAN PRESS FILE

The Bank of Canada is set to unveil its latest plastic bank notes this week — but documents show some people found one of the new bills too “cartoonish” and the other too old-fashioned.

Focus groups consulted about the proposed images for the new banknote series thought the space motif of the new \$5 bill looked childish.

“There is a perception that the note looks ‘cartoonish’ or too child-like,” says a 2009 report commissioned by the bank from The Strategic Counsel, obtained by The Canadian Press under the Access to Information Act.

Others were left scratching their heads over the depiction of Dextre, a Canadian robotic handyman on board the International Space Station. Some people wrongly assumed

Dextre was the name of an astronaut shown on the bill, while others had no clue who the name referred to.

“Dextre is not recognized — although once explained, it is accepted as an element of Canada’s contribution to space technology that should be kept,” the report says.

“The image of the space station is not recognized. It is confused with a concept drawing.”

But if some people were stumped by the space-age technology on the \$5 bill, others complained the train on the new \$10s looked too quaint. **THE CANADIAN PRESS**

Trade

U.S. border fee not going to happen, congressman says



A truck carries vehicles to the U.S. over the Peace Bridge crossing in Buffalo, N.Y. THE CANADIAN PRESS FILE

A U.S. congressman says Canadians should not be overly concerned about a proposed border-crossing fee, saying it just isn't going to happen. Democratic representative Brian Higgins, from Buffalo, N.Y., told CTV's Question Period on Sunday that he has a lot of allies in the U.S. Congress who will stop any legislation that includes a fee.

Higgins, a member of the Homeland security committee, has been a vocal critic of a proposed study on a border fee since it was spotted last week buried in the department's 2014 budget. **THE CANADIAN PRESS**

Nanticoke. U.S. Steel locks out workers at Lake Erie mill

U.S. Steel locked out almost 1,000 unionized workers at its plant in Nanticoke, Ont., on Sunday, raising questions from employees about promises the company made to the federal government about continuing production in Canada.

The company shut the gates of its Lake Erie Works plant, about 130 kilometres southwest of Toronto, at 9 a.m., just as it had warned it would, leaving hundreds of angry workers gathered outside.

“The gates are now closed on one of the most productive steel mills in North America, one of the most efficient steel mills in North America,” said Bill Ferguson, president of Steelworkers Local 8782.

“From what we can see, production has been shifted to the United States.”

The company did not immediately respond to a request for comment.

U.S. Steel makes steel for a number of operations from cars to building construction.

THE CANADIAN PRESS



The U.S. Steel logo is shown outside the firm's headquarters in downtown Pittsburgh, Pa., in 2010. THE ASSOCIATED PRESS FILE

NEW CANVAS FOR VOLUNTEERING

Ed Jackman likes to capture the unnoticed.

The London photographer's work primarily features urban settings and street scenes of areas that either get overlooked or don't get a second glance.

But this Thursday, one of his photographs will get more than a second glance. It'll be on display and available for purchase during London's fourth annual Timeraiser — a part volunteer fair, part silent auction at The Arts Project (203 Dundas St.). The event starts at 6:30 p.m.

Jackman's photo — called Constant Stairs — shows a staircase the Londoner sees daily when he is downtown.

"On the day I took the image, the sun was hitting it just right and provided for some interesting linear shadows," Jackman said. "It was photographed using a combination of my iPhone and Instagram, and I printed the image on canvas."

The picture will be one of 16 pieces of art up for bid during the silent auction portion of Timeraiser.



URBAN COMPASS
Todd Devlin
london@metronews.ca

"I was extremely excited," Jackman said about learning his work would be included. "I'll be attending the event, and I'm very much looking forward to seeing the work of other artists and perhaps (will) bid on several pieces, as well."

Timeraiser is no ordinary auction. Here's the twist: Instead of bidding money, auction participants bid volunteer hours towards an agency or non-profit organization of their choice.

It's been described as a "win-win" for everyone involved.

Local artists are paid for their work through sponsorships and grants, non-profits are able to recruit talented volunteers, and young professionals are able to find meaningful volunteer opportunities (and, of course, receive a great piece of art — after completing their volunteer pledge).

At least 20 agencies will be on hand Thursday, including Community Living London, Youth Opportunities Unlimited (YOU) and Women's Community House. Attendees will have the opportunity to learn about each organization before making their bids in

the silent auction.

Flora Muslimi and Richard Wong were among the winning bidders last year.

Both exceeded the 100 hours of volunteer work they pledged to donate, and both are looking forward to receiving the artwork they're due.

Muslimi split her volunteer hours between the United Way and the Children's Miracle Network, while Wong split his between the United Way and London's Red Shoe Society, which supports the Ronald McDonald House.

"It's been wonderful," Muslimi said of her experience with Timeraiser. "I believe in volunteering, and this is a great incentive and it makes it fun. At the event, it's surprising how much you learn about what's out there. And you meet great people."

Wong agrees. "I think it's a fantastic event that matches people wanting to volunteer more in the community with great non-profit organizations," he said. "And it allows young professionals, who otherwise could not afford to pay for fine art, to collect amazing pieces of art from local artists."

Follow Todd Devlin on
Twitter @UrbanCompassLdn



ZOOM

Half military, half citizenry



ILYA PITALEV/2013 SONY WORLD PHOTOGRAPHY AWARDS

Pyongyang crowd picture wins award

"In Pyongyang, half the people I saw were army men, the other half were civilians." These words by Ilya Pitalev are perfectly illustrated by his shot of soldiers and citizens in Kim Il-sung Stadium. Pitalev won the current affairs category at this year's Sony World Photography awards for his images of North Korea. **METRO**

Q and A

A microcosm of North Korea



ILYA PITALEV
Photographer for RIA
Novosti news agency,
42, from Moscow

How did you capture this striking juxtaposition?
The shot was taken inside

Kim Il-sung Stadium. When the crowds first caught my eye, I could simply make out a geometric line dividing the people in two. There and then, I didn't think it was some profound or philosophical photograph — above all, it was a good, visual shot. But then after some time, I began to understand that the image

reveals something about the country and its society.

What would you tell the world about North Korea?
That people there have their own celebrations in life and can find happiness. But they exist in a separate world, difficult for understanding from outside the country.

Clickbait

OK, it's time to mix up the 24-hour news updates, sports highlights and celebrity gossip that flood your Twitter feed, and incorporate some nonsensical, but punny accounts that pack their 140-character posts with something to snicker about.



AMANNESPHOTOGRAPHY/FICKR

@Pundamentalism:

With puns such as, "Damn girl, you must be an English teacher, because when you're around I'm careful with the use of my colon," and, "If Satan loses his hair, there'll be Hell toupée," and other updates that vary between LQMS and LOL, for example, "Thank you for calling the Chronic Indecisiveness helpline. Please select one of the following 15 options," there isn't room for the mundane.

@SixthFormPoet:

If you can relate to self-deprecating humour with some intermittent cheesiness spliced into the mix, the Sixth Form Poet is just for you. With gems like, "I'll have what she's having." - Me, watching a woman having a nervous breakdown," and "Never Eat Stolen Wheat." - Moral compass," it's no wonder there is an entire book comprised of these jokes.

@GSElevator:

This over-heard-in the Goldman Sachs' elevator account is a cross between the likely and the too-good-to-be-true. Employees are encouraged to email awkward moments. Here's one glimpse into the lives of the one per cent: "#1: Spent last night pouring champagne, feeding her dessert, & telling stories of my trip to Bhutan. I've never been to Bhutan." No need to envy the proverbial fly on the wall.

Tweets

Don Cherry said the men's locker room is no place for a woman during his weekly Coach's Corner segment on Hockey Night in Canada Saturday night while discussing the controversy around Chicago Blackhawks defenceman Duncan Keith (whose comments to a female reporter have been called sexist).
Naturally, fans took to Twitter to comment. What's your stance? Let @metropicks know.

@therealmcguirkk: don cherry bang on with his comments last night... imagine a male reporter in a female changeroom with naked women..oh the atrocity #feminazi

@Jare_Bear16: Rons face when don says women shouldnt be in the changeroom.. lmao

@mrcanadiantech: Looks like Don Cherry said something again, but I have to agree with him on this one.

WE WANT TO HEAR FROM YOU:

Send us your comments: londonletters@metronews.ca

TV Briefs

Two and a Half Men losing cast?

CBS announced on Twitter last Friday that it's bringing Two and a Half Men back next season, but didn't address whether the full cast would return. The series stars Ashton Kutcher, Jon Cryer and Angus T. Jones as Cryer's son. Jones' character is serving in the Army this season and has been somewhat less visible on Two and a Half Men.

THE ASSOCIATED PRESS



Will Angus T. Jones return to Two and a Half Men?

GETTY IMAGES

NBC renews five dramas

Television producer Dick Wolf will be busy next year. NBC said Friday that it has renewed five of its dramas for next season. Two of them — the long-running Law & Order: Special Victims Unit and Chicago Fire — are made by Wolf and his team. Revolution, Parenthood and Grimm were also given the guarantee that they will go on for another year.

THE ASSOCIATED PRESS

More Skinnygirl headed our way

Bethenny Frankel plans to expand her Skinnygirl line of wine and spirits and power bars to include more food products. "You'll definitely see Skinnygirl food," the former reality TV star said in a recent interview. "If it's something that I'm passionate about, if it's something that solves a problem for women in particular because that's who I connect with the most, and (it's) any product that I can improve upon or any problem that I can solve, then Skinnygirl will be attached to that."

THE ASSOCIATED PRESS



Panic Button premieres Tuesday on Space. HANDOUT

Who's afraid of a big, bad show?

Panic Button. New series pits people against their primal fears — and the only prize is bragging rights

What is your deepest, darkest innermost fear?

Participants come face-to-face with what scares them most in Panic Button, which premieres Tuesday at 10 p.m. ET on Space.

Volunteers are outfitted in red jumpsuits and helmets and invited to wander through a Big-Brother-style house of horrors in an environment that is Saw scary. Besides all manner of psychological terror, including being blindfolded, confined in tight spaces and wading through muck, they also have to endure live snakes, spiders and rats.

It all takes place in what was — appropriately enough — once a slaughterhouse in Toronto's West End.

This too-much-reality series features many slasher film motifs. Stark white rooms

with No Exit stencilled on the wall above the entrance-way give way to darkened, creepy corridors littered with hoses, wires and ankle-deep swill. At one point, players are confined in a standup metal booth the size of a coffin, which is then pushed through a wall of flames.

That's the easy part. Then the critters are unleashed. In some episodes, even Doberman.

"This is psychotic," says one woman who braved her way to level three.

A disclaimer at the end tells viewers that "No harm was done to any animal" during the course of production. But what about the humans?

Players are given red, lit panic buttons they wear on their suits and can push the second it all gets too intense. The surprise in the pilot is who slaps theirs first and who holds out until the bitter end.

The strength of the series is all in the power of suggestion, says Jonathan Dueck (Destination Fear), one of two producers who gave reporters a walking tour of the creepy set.

Dueck explained that a dis-

embodied voice (sounding like a woman with a slight British accent) gives participants seconds to follow commands. People are blindfolded and stripped of cellphones. Fifty per cent of the participants don't get past the first maze.

Women, reports fellow producer Kevin Healey (Scare Tactics), are more likely to be brave and proceed farther into the maze. Men are generally fraidy cats. "Guys are falling like fall leaves," says Healey.

There is a disturbing kinkiness to some scenes. Women are shown shackled in Plexiglas cages, arms in chains. A smaller Plexiglas box is lowered onto one woman's head. Snakes are then dumped into the box, slithering around her neck and right before her eyes.

Five participants in the first episode, between ages 19 and 31, are reduced to screaming swear machines as they wander about in the darkness. One is a music teacher afraid of snakes, another an amusement ride operator who hates rats.

One man, Kayvon, is a pharmaceutical sales rep described as "an ultra-competitive alpha

Panic prerequisites

Participants are carefully tested and screened; people with heart conditions need not apply. All sign disclaimers the size of phone books. In what might be the scariest news of all, there is no prize money awarded for making it all the way through this chamber of horrors. "People just like to test their limits," says Healey, who sees his show as one big, psychological testing ground. "There are bragging rights to say you confronted your deepest fear and conquered it."

male." He takes the challenge despite being "scared of bunny rabbits." One woman says she is doing this to prove to her young niece that she's "no scaredy cat."

All say they are doing this to overcome fears, but most must leave with vivid new nightmares. This series should be sponsored by an adult diaper company.

THE CANADIAN PRESS

Navajo the chosen one for new Star Wars dubbing treatment

Boost for ailing language. Native American tongue will receive much-needed attention as it's rarely used in the movies

Quoted

"We're teaching the Navajo language to anyone who wants to learn the Navajo language."

Manuelito Wheeler, director of Navajo Nation Museum

The classic 1977 film that launched a science fiction empire and revealed the force within a farm boy who battles evil has been dubbed in Japanese, French, Spanish and about a dozen other languages. Add Navajo to the list.

Manuelito Wheeler, the director of the Navajo Nation Museum who reached out to Lucasfilm Ltd. with the idea, has a very good feeling about this. He sees it as entertaining, educational and a way to preserve the Navajo language at a time when fewer tribal members are speaking it.

"That's the beauty of what we're doing; we're teaching the Navajo language to any-

body who wants to learn the Navajo language," Wheeler said. "I find that very rewarding and somewhat ironic. We went from a country that wanted to limit our language, to the Navajo language saving our country through Code Talkers, to our language being part of a major motion picture."

Aboriginal languages on the big screen are a rarity. Independent films and documentaries at film festivals have been in the tongue of American Indian tribes. Yet it's far less common to see it done in mainstream movies and shown in commercial theatres. A team of five Navajo speakers spent 36 hours translating the script

for Star Wars now they're looking for fluent Navajo speakers to fill some two dozen roles.

THE ASSOCIATED PRESS



Hans, Leia and Luke can now be heard with Navajo dubbing in the Star Wars movies. AP PHOTO/20TH CENTURY-FOX FILM CORPORATION

Braff project Kickstarted. \$2m for Garden State sequel reached with ease

Zach Braff has met his goal on Kickstarter, raising \$2 million in three days to fund his follow-up to Garden State.

The actor-director's crowdfunding campaign follows Rob Thomas' wildly successful use of Kickstarter to finance a movie of the defunct TV series Veronica Mars. Thomas pulled in \$2 million in less than a day, eventually gathering more than \$5.7 million in 30 days.

But some observers have criticized Hollywood stars for using the Kickstarter website to dip into the pockets of their loyal fans. Braff has said this is the only way for him to direct his first film since Garden State with final cut and his desired casting.

After passing his goal Saturday, the Scrubs star said on Twitter: "I will not let you down. Let's go make a killer movie." THE ASSOCIATED PRESS

Box office

Iron Man 3 conquers world

Iron Man 3 made a colossal overseas debut that overshadows a sleepy pre-summer weekend at the domestic box office. The superhero sequel starring Robert Downey Jr. earned \$195.3 million in 42 overseas markets.

THE ASSOCIATED PRESS

19 years missing

Stolen Pulp Fiction car found

Authorities say the classic convertible featured in the film Pulp Fiction has been found nearly two decades after it was stolen. Film director Quentin Tarantino's 1964 Chevelle Malibu was recovered in the San Francisco Bay area last week.

THE ASSOCIATED PRESS

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Martha Stewart finds online dating half baked

Martha Stewart once turned to online dating site Match.com to help her find a boyfriend — but she couldn't go through with it.

"I started laughing half-way down the page," she tells Matt Lauer in an interview. "It was, like, impossible."

But Stewart insists, at least, that if she does go through with an online dating profile, she wouldn't hide her identity.

"I want to do my real thing," she says.



Martha Stewart



Justin Bieber and Selena Gomez. ALL PHOTOS GETTY IMAGES

Bieber and Gomez continue to play up their reconciliation

In what has to be the surest sign yet that Justin Bieber and Selena Gomez have rekindled their romance, the Canadian pop star posted a photo to Instagram over the weekend of himself hunched shirtless over his laptop with a squinty-eyed Gomez cosying up behind him, arms around his midsection.

And the caption he chose

for the revealing photo he shared?

"You've been makin' music for too long, babe. Come cuddle' — her."

And there's further speculation about just how long they've been back together, as the picture was taken before Bieber acquired the tiger tattoo on his bicep he debuted last week.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Lindsay Lohan

Will it be one luxurious rehab or another?

With less than a week to go before she's set to begin a court-ordered 90-day rehab stay, Lindsay Lohan reportedly still can't decide on which facility to check herself into, according to E! News.

"It is too hard for her," a source says. "She doesn't know yet, and it's been really hard for her to decide. Time has caught up too soon, but nowhere has been decided."

Her two top choices reportedly include a facility in New York City and a luxurious retreat on the Caribbean island of Antigua that would run more than \$70,000 for the three-month stay. Lohan is due to check in somewhere Thursday.



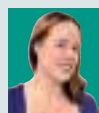
Gwyneth Paltrow

Paltrow's premiere proves revealing

While Gwyneth Paltrow has received high marks from fashionistas for the sheer side panels in the gown she wore to the Iron Man 3 premiere last week, not everyone was a fan of the underwear-free look, and the Oscar-winning actress tells Ellen DeGeneres that she was "humiliated" by the bad press the gown received.

"I kind of had a disaster. I was doing a show and I changed there and I ... couldn't wear underwear," Paltrow says of the decision to rock the look. "Let's just say everyone went scrambling for a razor."

McGowan is letting her hairstyle go to her head



THE WORD
Dorothy Robinson
scene@metronews.ca

The newly platinum blonde actress Rose McGowan says her look is giving her a toughness she didn't have before.

"Part of (going blonde) is because I've been told (brunettes) look accessible and pleasing to the men in L.A. so as not to scare them. But then I realized I always scare them so f— it — I'm just going to do whatever I want and I've always wanted short platinum blonde hair so screw it....The men in Hollywood aren't men — they're guys like (whispers) Judd Apatow."

McGowan says this last

part while making a face to suggest that Apatow doesn't chop his own wood, and adds, "Real men are hard to come by."

McGowan is so fierce during our recent interview on the Rooftop Terrace at Gramercy Park Hotel, it is hard to believe that the whole point in her talking to me is to promote the limited edition rose wine, Apothic Rose.

"I only drink Rosé, isn't that funny?" she says in a way that makes me feel it isn't contractually obligated. "I like it ghetto style — I usually pop an ice cube in it to chill it and take the sweetness out of it."

If you can't tell by now, McGowan isn't afraid to let loose on the current battle of the sexes in Hollywood.

"It's all frat guys; they condone sexism. The execs and the agents. They are people who went to law school and it wasn't sexy enough ... It's not like they want to be a part of great film making or anything," she said.

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Book

Drunk Mom tells painful story

As the mother of a newborn, Jowita Bydlowska justified her drinking as research for a novel about alcoholism. The final result? A memoir about her own struggles with addiction.

Drunk Mom (Random House, \$22.95) is an agoniz-

ing catalogue of Bydlowska's drunken parenting failures, filled with excruciating details like the fact that she kept a secret stash of bottles in her son's sock drawer.

"I'm told that I have a dark sense of humour," says Bydlowska. "I don't know if I did it consciously, but you need a bit of relief."

She also writes with piercing honesty about using Google to determine

if her breast milk was safe to drink, hiding bottles of vodka in her son's stroller and fighting with her partner, author and newspaper columnist Russell Smith.

After three and a half years of sobriety, Bydlowska had a drink at a friend's wedding in Warsaw before she knew she was pregnant.

She relapsed into full-blown alcoholism with a glass of champagne follow-

ing the birth of her son.

She does wonder about what her son will think when he reads the book. "I certainly have this idea of him being a 13- or 14-year-old and throwing it at the wall," she says.

"My hope is that he'll read it with an open mind and an open heart. It's a memoir, but it's also a form of (making) amends."

THE CANADIAN PRESS

Exclusively online

Follow along with the comedic (mis)adventures of mommyhood online with *Reasons Mommy Drinks* at metronews.ca/voices



What to expect when you're expecting after the age of 35

Pregnancy.

Dr. Glade Curtis is a national authority on pregnancy. Now he turns his knowledge to the mid-30s set

NATALIE SHURE

Metro World News in New York City

As author of 18 books on women's and baby's health, Dr. Glade Curtis is a national authority on pregnancy.

A newly revised edition of *Your Pregnancy: After 35* is the latest addition to the authoritative *Your Pregnancy: Week by Week* series, co-authored by consumer and family studies expert Judith Schuler.

The updates are geared toward an ever-increasing proportion of women who choose to have children in their mid-30s and beyond.

What did you consider when updating this book?

I think it's critical, when

people want information about their health and pregnancy, that the information is up-to-date. I looked at every part of it to add new information, including how the science has changed. I think one of the more exciting areas for this population of pregnant women is all of the things we're learning about genetics and genetic counseling.

What are the best parts about pregnancy at this age?

They're more informed, and they're more aware of potential risks and problems. They have taken good care of themselves — if you compare that to an 18-year-old who wasn't trying to get pregnant, then it becomes clear that we don't need to be scared to death of these pregnancies.

What do women find most useful about this book?

The most important thing is being armed with accurate information so that when they visit their doctors they can ask the appropriate questions. The other thing is re-



Women who are older than 35 are more aware of the potential risks that come with pregnancy. ISTOCK

assurance. For any woman and any couple, being pregnant is scary — the book reassures women that these are normal things that are happening.

What are some of the field's most important new med-

ical advances?

One of the most exciting advances is all that has happened in ultrasound technology. Ultrasound has gotten so good, there are so many things we can do to evaluate the baby and help with the pregnancy.

What should expectant couples keep in mind during a pregnancy?

I think it's always important to remember to enjoy the miracle of birth. So, make sure you enjoy the excitement, the fun and the miracle of having a baby.

Before IVF, try these baby-making tricks

LINDA CLARKE

Metro World News in New York City

If you're having trouble conceiving, you're not alone.

Women's health expert Dr. Donnica L. Moore, a spokesperson for the Clearblue ovulation test, says that some problems in conceiving can be avoided. She and Dr. Victoria Maizes, author of *Be Fruitful: The Essential Guide to Maximizing Fertility and Giving Birth to a Healthy Child* gave

us a preconception checklist.

Be patient

"Women erroneously think that once they stop taking birth control — voila! They will become pregnant. It can happen, but generally the hormones have to settle down," says Moore.

Mark your calendar

"There are four or five days when a woman is most likely to conceive," says Moore. "The time of ovulation and

a few days before is when couples need to plan to have intercourse. That's where Clearblue come in. It checks the LH surge (a rise in luteinizing hormone, which happens right before ovulation starts)."

Enjoy sex

"Procreational sex is very different from recreational sex and it puts a lot of stress on couples. That stress makes you less likely to want to have sex, and it becomes a cycle," says Moore.



There are four or five days when a woman is most likely to conceive. ISTOCK

Ditch low-fat dairy — really!

"Whole-fat dairy products are associated with a lower risk of infertility. This may be due to

the way the hormonal balance shifts when we remove milk fat to make low-fat milk product," says Dr. Victoria Maizes.

3 TIPS

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Turn your kids' room into a wild kingdom

Kids are often enthralled with the wild kingdom, so it's fun to do their rooms with animal-themed decor. And you can think beyond the standard of kitty-cat wall border or dino bedding; some of today's designs have a sophistication that will please style-minded parents, too.

THE ASSOCIATED PRESS

Little Lion Studio

Based in Montreal, Leonardo Cortes creates quiet, whimsical-sleepscape wall decals. A watchful mommy giraffe can be positioned over the crib, with baby giraffe on the other side. Cortes' simple and charming style is reminiscent of that of Babar's creator, Laurent de Brunhoff. Leolittlelion.etsy.com, \$97.

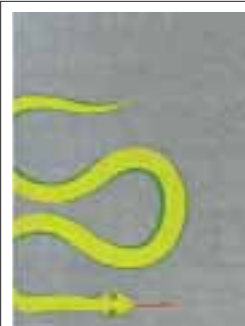


Dwell Studio

This bastion of chic kids' decor offers deer, triceratops, unicorn and zebra papier-mâché wall art that could easily inhabit any room in the house. Owl and unicorn shower curtains are rendered in Dwell's signature muted-colour palette. Here too are French textile designer Paule Marrot's high style, textural Giclee bird paintings on linen. Dwell-studio.com, papier-mache, \$76.

Mimi Lou

In a past life, Miriam Derville was an advertising exec for high-end fragrances. But when she started drawing versions of her children's stuffed animals on their bedroom walls, people took notice, and Mimi Lou was born. She's created a charming collection of wall stickers featuring elephants, mice, penguins, bears and a menagerie of creatures with French flair. Mimilou-shop.fr, \$52 and up.

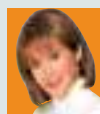


Rug Company

London-based designers Edward Barber and Jay Osgerby choose to depict animals the way they behave in the wild, so their Fish rug features a school of swimmy friends, while a slithering serpent makes his way across the Snake rug. Therugcompany.com, \$5,508 each.

Healthy eating

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Don't be fooled by some key words when ordering pizza.



Mrs. Vanelli's Roasted Vegetable Pesto Pizza (2 slices)

1200 calories/ 66 g fat

Vegetarian doesn't mean healthy. There's garlic spread and pesto, which are oil based, adding to the higher calories and fat. You're consuming three quarters of your daily calories and half your daily fat.

Equivalent

Two slices of Mrs. Vanelli's Roasted Vegetable Pesto Pizza are equal in fat to 11 McCain's Deep 'n' Delicious Three-Cheese Mini Pizzas.



Mrs. Vanelli's Hawaiian Pizza (2 slices)

860 calories/ 26 g fat

If you choose this pizza made with ham and cheese, you will save about 350 calories and 40 gm of fat.



Live Below the Line challenges people to live under the poverty line for five days, and to buy all the food and drink needed to survive during that time with just \$8.75 a week or roughly \$1.75 a day. Here is a recipe to help you take the challenge.

In the kitchen, below the line

IZABELA SZYDLO
life@metronews.ca

What do celebs like Ben Affleck, Hugh Jackman, Canadian actor Ennis Esmer, Osman 'Oz' Bey of CTV's The Listener and Carrie-Lynn Neals of CityTV's Seed have in common with thousands of Canadians and Americans? They're all taking part in the Live Below the Line challenge, during which participants spend just \$8.75 a week or roughly \$1.75 per day (\$1.50 in the United States) on all daily food and drink from today to May 3.

The \$1.75 per day mark is the Canadian equivalent of the poverty line and the goal of this challenge is to begin a national dialogue to change the way Canadians think about the choices made every day by those living in extreme poverty.

In addition to raising awareness by partaking in the challenge, Canadians are raising funds for four partner organizations:

Ingredients

- 100 g linguine
- 1/2 Italian sausage, casing removed
- 1 white mushroom, halved and sliced
- 1 tbsp tomato paste
- Pinch of dried oregano

Cuso International, Spread the Net, RESULTS Canada and Raising the Village.

"Living on \$1.75 per day is not about pretending to be poor," says Erin Deviney, Canadian campaign manager of Live Below the Line. "It's about raising awareness of the difficult choices 1.4 billion people must make to survive each day and supporting partner organizations combating poverty."

Chef John Placko of Modern Culinary Academy, one of Canada's top culinary consultants, and food stylist Christina Frantzis have created recipes to help Canadians with the challenge.

Linguine with Sausage and Mushroom Ragout



This dish costs \$0.64 per person to make. MARTHA WEBER

Linguine with Sausage and Mushroom Ragout

1. Fill a medium-sized pot with water and bring to boil. Cook pasta according to package instructions then drain.

2. Add sausage to small pan and break it up while sautéing over medium heat until almost no pink remains.

3. Slice mushroom and add to a pan. Cook over moderate heat until softened.

4. Stir in tomato paste and reserved cooking water into sausage mixture and simmer until reduced by half. Add oregano and spoon sauce over pasta and enjoy. **CHRISTINA FRANTZIS, FOOD STYLIST AND RECIPE DEVELOPER**



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The most important peanut butter and jelly sandwich of your life

PB & job. BuzzFeed takes the weight off of the cover letter woes by asking applicants to submit their best hunger how-to

MARY ANN
GEORGANTOPOULOS
Metro World News in New York

Writing cover letters is arguably the worst part about job searching. Making yourself sound fun and cool but also professional and hardworking is exceptionally hard.

The folks at viral content behemoth BuzzFeed.com seem to understand that.

A job listing for support specialist at BuzzFeed takes an unorthodox approach at vetting potential candidates.

To apply, BuzzFeed asks applicants:

"Instead of a cover letter, please send us instructions

A rare request

"Instead of a cover letter, which tend to be generic and forgettable, we're asking people to demonstrate a skill they'll have to use in the job."

Alice DuBois
BuzzFeed product lead for editorial tools

on how to make a peanut butter and jelly sandwich. Text, images, video ... the format for your PB&J tutorial is up to you, as long as following your instructions results in a really delicious sandwich."



Beyond the bread

Not just a connoisseur of condiments

- In addition to amazing sandwich making skills, candidates for BuzzFeed's support specialist position must possess superb communication skills, problem solving skills and of course a sense of humour.

"One of the main responsibilities for the support specialist will be creating documentation and FAQs for our editing tools," Alice DuBois, BuzzFeed product lead for editorial tools, said in an email to Metro.

"We're interested in getting a sense of applicants' communication style. So instead of a cover letter, which tend to be generic and forgettable, we're



Take a bite out of any job application by breaking away from a boring approach. ISTOCK PHOTOS

asking people to demonstrate a skill they'll have to use in the job."

Applicants will still have to submit resumés and interview for the position, though Chris Johanesen, BuzzFeed VP of product.

He had the idea to conduct one of the interviews over GChat, since the support specialist will spend a lot of time helping people via instant messages.

"Many tweets about this job posting seem to suggest

that BuzzFeed has decided to request PB&J instructions instead of a cover letter for all of our job postings, so I want to point out that we made this request only for the support specialist position," DuBois said.

Working in your bunny slippers isn't easy

Do the home base hustle. Sure you might make your bucks from bed, but if you choose to snooze, you lose

JULIA
WEST
Metro World News in New York

Working from home sounds like a dream, but the reality is that it requires a lot of skills. To work from home you must be self-disciplined and able to manage time, but there are many other characteristics that come with being a successful at-home worker.

Distinguish work time and play time

It's easy to fall into the trap of constant connection when working remotely, but that doesn't help your stamina.

You lock yourself in a home office during work, so why not turn off your phone during personal time?

"You must make personal time off-limits for work as much as possible," says Sabina Ptacin, co-founder of the online business community Tin Shingle.

"This could mean no laptops in the bedroom or no calls during dinner. Try to be a realistic business and know when to turn off and on."

Don't forget, it's still work

When you work according to your own schedule, deadlines can be tighter and resources may be harder to find. You have to treat work like work, regardless of what else is going on.

"Remember that bosses want employees who get things done. Deliver on what they want and they won't care."



Certain people work best when surrounded by cheery chatter. Can you concentrate without a cast of co-workers? ISTOCK PHOTOS

On my own

Working outside of the office means no water cooler chatter. Sabina Ptacin, co-founder of Tin Shingle offers some advice.

- **Quote.** "Because remote workers are isolated from their co-workers, supervisors and customers, they must be comfortable fulfilling their social needs outside of work or via electronic channels like instant messaging, phone and email," says Jeff Facticeau, vice-president of professional services at SHL, a talent measurement company. When you find yourself longing for actual human interaction, schedule a lunch meeting.

VISIT KING'S UNIVERSITY COLLEGE FOR WELCOME DAY



King's University College is a Catholic university affiliated with Western University Canada. Founded in 1954, the College provides honors degree programs in the Arts (including King's Foundations in the Humanities and Catholic Studies for Teachers), Social Sciences, Management & Organizational Studies, Social Justice & Peace Studies, Childhood and Social Institutions and Social Work (Bachelor and Master degree programs).

King's is a community of 3,300 Canadian and 330 international students. The students are supported in their academic endeavours by a full range of student

development and personal counselling services.

King's is renowned as a centre of teaching excellence positioned in the top rank of institutions of higher learning in Canada for the quality of its teaching faculty. Not only are faculty highly regarded for their teaching abilities, but their scholarship continues to enhance King's reputation as one of Canada's first-class undergraduate experiences.

Visit on Welcome Day on Saturday, May 4 from 1 p.m. to 3:30 p.m. Get to know King's better and imagine what it might be like to be a student. On this

day, following the opening remarks and welcome, you will be able to chat with faculty about degree programs in which you might be interested, interact with members of the Admissions team and Student Services as well as talk with our Financial counsellors.

Many other members of the King's community will be available through the day including students. During your visit, take advantage of a campus tour led by one of our student tour guides to get a better feel of what a welcoming community King's is.

Prior to the Welcome Day events,

there is a Financing University for Families Workshop from 11:30 a.m. to 12:30 p.m. in Labatt Hall. If you are concerned about applying for OSAP, wondering when to use your RESPs, learn more about scholarships and bursaries or find out about on-campus work opportunities; then this is the work shop for you. Led by Shelly Guerin, our Student Financial Services Officer, you will gain insightful knowledge about how to manage the rising costs of post-secondary education.

Please visit kings.uwo.ca/future-students/welcome-days/ to reserve your spot.

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Y we could use some boomer wisdom

Take me to your senior. Learning from our elder leaders will only serve to benefit future business

YLVA
VAN BUUREN
CareerBear.com

The knowledge gap in the corporate world will widen if retiring baby boomers continue to do little to mentor younger

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.



It is imperative that Gen Ys recognize the contribution of boomers, and by doing so they will hopefully pave the way for mutual respect. ISTOCK

workers, says Donna Stevenson, a business coach and recruiter who's studied the issue.

Stevenson surveyed 100 senior leaders and human resource managers across the country who told her baby boomers are reluctant to share their workplace expertise.

"This failure to pass on the torch will leave wastelands of organizational know-how as

50 per cent of baby boomers prepare to retire over the next seven years."

Since many senior management positions are held by boomers, and since the next group, known as Generation X (those born in the early '60s to early '80s), is too small to pick up the slack, it will be left to Generation Y (those born after the early '80s to 2000s) to do so.

"I was under the impression Generation Y didn't want to learn and that's not true at all," says Stevenson. "They want to move ahead. What we're pitching is the need for organizations to have a leadership legacy."

Her research also found that less than 25 per cent of companies have succession planning in place.

The whys and the hows

Why are boomers less inclined to help younger workers? Here are four reasons that Stevenson's research identified, as well as how Gen Ys can overcome them and get a boomer boss to share their workplace expertise.

- **Boomers fear not being needed anymore.** Stevenson recommends younger employees use their technology related skills as bait. "Find boomers who are in roles you'd like and offer to help them learn social media skills, even if it's so they can communicate with their grandkids."
- **Boomers lack the time and resources to mentor.** Stevenson says what they're really saying is they don't know how to mentor. As a Gen Y employee trying to overcome this, get involved in a work project that will have a significant influence over the organization. By participating you're bound to at least pick up pointers from senior staff and perhaps even plant the seed for a mentoring relationship.
- **There's no mentoring motivation within the organization.** Gen Y subordinates should be more flexible in being available for senior leaders, says Burlington-based recruiter Claire Gibson. Try to find projects that you can collaborate on. Again, use your digital skills to turn boomers' heads.
- **There's no one in the organization worth mentoring.** This probably points to organizations that have poor mentoring cultures. Gen Y workers should try to find organizations that foster senior leaders who coach and guide. Ask during the interview process how the organization cultivates its mentors, says Gibson.

I was matched to this job by a machine?

Aggregator agitation.

An applicant tracking system may be rushing through your resumé, but there are ways to slow the system down

JANE
BORDEN

Metro World News in New York

The job application process is shifting due to applicant tracking systems, which are online resumé aggregators that many nonprofit and corporate entities are using to weed through candidates. Trudy Steinfeld, assistant vice president and executive director of the NYU Wasserman Center for Career Development, helps you navigate the new system:

Talk to the robots (mostly)

Do: Maximize keyword searching

"Say they're looking for a candidate who's detailed, can communicate and is a good editor," Steinfeld says. "When they get



Who new that a few extra clicks could label you 'the perfect candidate'? ISTOCK

résumés, they'll search the system for those keywords. If you don't have those words on your resumé, even if those skills are displayed differently, your resumé is likely not to be identified."

Don't: Go overboard

"I recently heard an interesting story: There were 10 openings in this company and one person's resumé was identified with every keyword search, though the jobs were completely different. The candidate included keywords for every job, made the text white [so it was disguised] and put the resumé over [that text]. They tossed the resumé when they learned of the stunt."

Numbers game

Quantify your results

- "If you've worked on a project and there are quantifiable results, provide the numbers," she says. "Employers are into analytics; having an actual measure of your success can really help."

Old is new: Send a fax

"Especially when applying to small organizations, fax your resumé. Most offices still have a machine and — guess what? — it never rings," Steinfeld says. "I've noticed that in my own office, when the fax machine rings, people wonder, 'What could that be?' It could be your resumé. It sounds crazy, but the reality is, I test this out all the time with employers and they say, 'Yeah, if I get a resumé over the fax machine, I'm curious.' Say, 'I also sent this online, but I wanted to make sure it got into your hands.'"

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NEW PROGRAM HELPS OBESE CHILDREN

The number of obese children in Canada has increased five-fold over the last 15 years. Almost one third of Canadian children 2 to 17 years of age are overweight or obese, as are about 12 per cent of U.S. preschool children aged 2 to 5.

While obesity prevention needs to be one of the primary public health goals,

families with already overweight and obese children often find it challenging to find the right approach to address and counteract their children's condition.

To provide support for London families with preschool children struggling with weight issues researchers at Children's Hospital have now developed a novel six-



month, family centred- and community-based intervention study called "FOR HEALTH" (Family-ORiented Healthy Eating, Activity and Lifestyle Training with Hands-on experience).

FOR HEALTH aims to prevent further increases in the level of overweight by providing hands-on experience to increase nutritional knowledge, physical activity levels, and self-esteem.

The program will be held at the YMCA Centre Branch in London and scheduled program start is September 2013. This multi-disciplinary program includes physical activity program-

ming for children led by YMCA professionals experienced in delivering playful physical activity to preschool children, dietitian-lead group education for parents, individual nutrition counseling sessions, and combined parent-child activities including food-tasting. Complementary child care for siblings and free parking are available, and half of the families will be randomly selected to also receiving free YMCA family passes for program duration.

Detailed information is available from the FOR HEALTH team by calling 519-685-8500 ext. 56816, or email (ForHealth@lhsc.on.ca).

FOR HEALTH

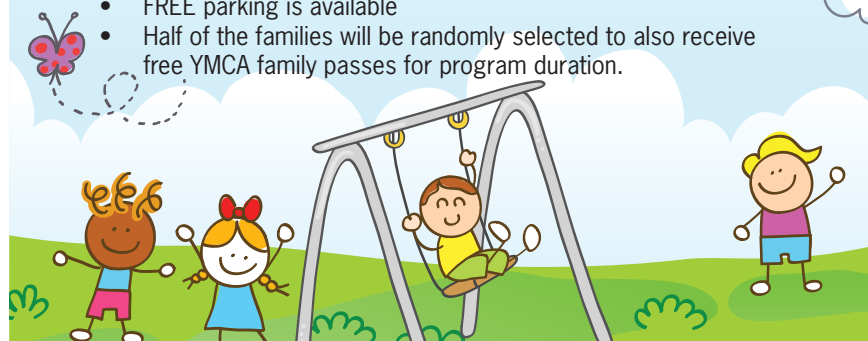
(Family-ORiented Healthy Eating, Activity and Lifestyle Training with Hands-on experience)

Where: YMCA Centre Branch in London

When: Program start is September 2013.

What:

- A multidisciplinary program that includes physical activity programming for children led by YMCA professionals experienced in delivering playful physical activity to preschool children (2 years 9 months till 5)
- Dietitian-lead group education for parents
- Individual nutrition counseling sessions
- Combined parent-child activities including food-tasting.
- Complementary child care for siblings
- FREE parking is available
- Half of the families will be randomly selected to also receive free YMCA family passes for program duration.



519-685-8500 ext. 56816

ForHealth@lhsc.on.ca

www.lhsc.on.ca/Patients_

Families_Visitors/Childrens_Hospital/Programs_and_services/REACH.htm

In partnership with:



HOLISTIC PROGRAM HELPS KIDS BE MORE ACTIVE

Parents everywhere want their children to be healthy and active. But, what does that mean? Sure, there is the obvious meaning, which conjures up images of happy children playing together in the park, or participating in sports. However, for the students and staff at Nancy Campbell Collegiate Institute, the concept of being healthy and active has a much more profound meaning.

The program approaches student's health in a holistic way and focuses as much on their intellectual, emotional and spiritual well-being, as on their physical condition. At Nancy Campbell, this goal is achieved through a blend of academic and physical education courses, as well as odance and music-theatre programs - including the "Iness Project", all of which are available to students at every grade.

Small class sizes allows the ability to deliver a personal teaching experience, where each student has the individual attention of his or her teacher during lessons. Further one-on-one sessions with their chosen mentor-teacher every two weeks, help to ensure that any problems or issues are identified and addressed early.

In addition to this, the Virtues Project and unique 19 Moral Leadership Capabilities provide a framework of ethical and moral values, which students learn to apply to every aspect of their lives.

If you would like to take an active role in your child's health and find out more about how your child would benefit from studying at Nancy Campbell, visit www.nancycampbell.ca or call 519-641-6224 and book a school tour.

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Blue Jays bear brunt of Bronx Bombers' brooms

MLB. Yankees overcome deficit for fourth straight game to record series sweep

The last time R.A. Dickey had been on a pitcher's mound in New York, Mets fans showered him with affection in September after he became the team's first 20-game winner in more than two decades.

When he returned Sunday with the last-place Toronto Blue Jays, he left dejected.

"Obviously I wish for a better result," he said after giving up a pair of home runs to the New York Yankees, who beat him 3-2 to complete a four-game sweep of the no-longer-fancied Blue Jays.

Dealt to Toronto after going 20-3 and winning the NL Cy Young Award, Dickey (2-4) already has lost more games this year than in all of 2012. The 38-year-old allowed three runs and four hits in seven innings, with four strikeouts and a walk. He's been slowed by soreness in his neck and back.

"If I have to battle it for a while, I'll battle it for a while until it goes away," he said. "It gets marginally better between starts. It's just that when I have

On Sunday

3

Yankees

2

Blue Jays

to start it breaks down again."

Toronto (9-17) was swept in a four-game series in which it led every game for the first time since Sept. 19-21, 1995, at old Yankee Stadium. The Blue Jays were 4-for-24 with runners in scoring position in the series and struck out 37 times, including 13 Sunday.

"You want me to go out there and hit or something?" manager John Gibbons said. "I couldn't hit when I played."

Half of New York's hits on Sunday were homers.

Brennan Boesch sent a drive into the first row of the right-field seats in the second inning. After Toronto took a 2-1 lead against Phil Hughes on Lind's RBI single in the fourth and Izturis' run-scoring double off the base of the right-field wall in the sixth, the Yankees overcame a deficit for the fourth straight day when Lyle Overbay hit a two-run homer in the seventh. **THE ASSOCIATED PRESS**



New York Yankee Lyle Overbay, left, rounds the bases following his two-run home run off of Toronto Blue Jays pitcher R.A. Dickey on Sunday in New York. JIM MCISAAC/GETTY IMAGES

Early struggles

GM not yet in panic mode

Sunday was the Jays' 17th game decided by two or fewer runs. They've won only six of those close games.

"We're right in every game, we just can't get that big win," lamented manager John Gibbons.

Before Sunday's game, Jays GM Alex Anthopoulos said he's confident his team will turn things around.

"It's going to get better and I still expect us to be a contending team," Anthopoulos said when given an opportunity to convey a message to an anxious fan base.

It's not in Anthopoulos's nature to get riled up or panicky. The defence is improved, the bats are warming up, the team just needs to get on a roll, he said.

"Just based on players' careers, there's going to be improvement in a lot of areas and that's going to lead to more wins."

TORSTAR NEWS SERVICE

On to the next one — Heat sweep Bucks



Chris Bosh hammers home two points for the Heat. GETTY IMAGES

Miami's Big Three finally have their sweep.

LeBron James scored 30, Ray Allen had another big game against his old team and the Miami Heat advanced to the Eastern Conference semifinals with an 88-77 victory over the Milwaukee Bucks on Sunday. It's the first time the Heat have swept a playoff

series since James and Chris Bosh joined Dwyane Wade in Miami three years ago.

And the Heat didn't even need Wade to do it. The guard missed only the second post-season game of his career, and first since 2005, with three bone bruises on his right knee.

But the Heat still won

handily, winning their fourth straight game by double digits.

Wade will get plenty of time to rest now, too. The Heat will face the winner of the Brooklyn Nets-Chicago Bulls series — Chicago leads 3-1 — but the next round won't begin until next Saturday. **THE ASSOCIATED PRESS**

NBA

Celtics force Game 5 vs. Knicks

Jason Terry scored Boston's last nine points and the Celtics weathered a strong comeback by the New York Knicks, avoiding a sweep with a 97-90 overtime win on Sunday.

Paul Pierce led the Celtics with 29 points as

they forced a fifth game in the series, but it was Terry who provided the finishing touches.

In Game 3, he had been elbowed by J.R. Smith, and the NBA suspended the Knicks guard for Sunday's game.

Game 5 is Wednesday night in New York, where the Knicks can win their first playoff series in 13 years. **THE ASSOCIATED PRESS**

Hockey

Canada tops U.S. to capture U18 title

Canada has ended four years of American dominance at the world under-18 men's hockey championship.

Frederik Gauthier's second-period goal stood as the winner as Canada rallied past the United States 3-2 to win the world title.

The Americans had a 2-1 lead at the midway point of the game and outshot the Canadians for all three periods 35-12.

Laurent Dauphin and Madison Bowey also scored for Canada, while Nick Baptiste had a pair of assists.

Connor Clifton and Mike McCarron gave the United States a 2-1 lead midway through the second period.

THE CANADIAN PRESS

Riding the pine

For his knee injury, Dwyane Wade got treatment "around the clock" on Friday and Saturday, and tested the knee before the game. He sat the entire game on the bench in his warmups.

Coming up short



"We're not in the playoffs, so we all underperformed."

General manager Paul Holmgren on Sunday commenting on his Philadelphia Flyers who failed to make the NHL playoffs for the first time since 2007 and only the second time since 1995.

Horoscopes

Aries

March 21 - April 20

It's not like you to be so openly affectionate but someone seems to have fired up your passion. Whatever the reason for the sudden upsurge of loving feelings it's something you should do more often.

Taurus

April 21 - May 21

There are so many wonderful aspects operating in your favor now that all things are possible. Wishes you made in the past that came to nothing WILL come true this week.

Gemini

May 22 - June 21

If you need to give your self-confidence a boost ask a friend what they think of your latest creative project. Most likely they will praise it to the skies and your ego will go through the roof too.

Cancer

June 22 - July 23

What a loved one tells you today may be interesting but you would be wise not to take it too seriously. It could be that they have been misled, so check the facts carefully.

Leo

July 24 - Aug. 23

You could meet someone interesting today, but only if you make the effort to get out and about. You could also be the beneficiary of a stroke of good fortune you probably don't deserve.

Virgo

Aug. 24 - Sept. 23

If you make a few small and apparently insignificant savings now you won't have to make so many major sacrifices later on. As a Virgo you are supposed to be organized.

Libra

Sept. 24 - Oct. 23

Tell someone how you feel about them today — provided, of course, your feelings are warm and generous. Don't put it off a moment longer.

Scorpio

Oct. 24 - Nov. 22

You may want to help a colleague who clearly is in need of assistance but if you have already helped them several times in the recent past maybe you should let them suffer. It may be the only way they learn.

Sagittarius

Nov. 23 - Dec. 21

You are in an unusually loving mood at the moment and long may it continue. However, don't be so loving that you forget that not everyone shares your natural generosity.

Capricorn

Dec. 22 - Jan. 20

You may be unsure of your abilities but others have faith in you and will go out of their way to show it today. If they ask you to get up in front of an audience be brave and do it.

Aquarius

Jan. 21 - Feb. 19

You seem to be everyone's favorite Aquarius at the moment, but don't let it lull you into a false sense of security. You still have some big issues to deal with and some big rivals to overcome.

Pisces

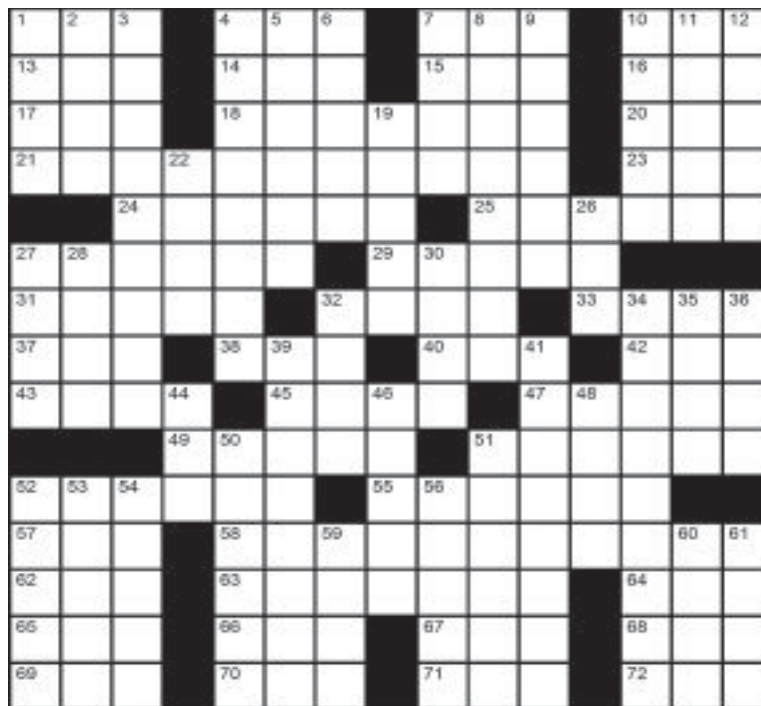
Feb. 20 - March 20

The next few days are going to be very busy indeed, not only in body but in mind as well. New ideas will grab your attention and new opportunities will tempt you to try something different. So try. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Σ Cosmetics
4. Tee-__ (Chuckle)
7. Opera singing style, __ canto
10. Tub
13. Texting point-of-view
14. Crawling plant
15. Iron's partner
16. 'Percent' suffix
17. Wetland
18. __ Triangle
20. Company name abbr.
21. New Brunswick's provincial capital
23. Headed
24. __ Globetrotters
25. Crunchy veggie
27. Canadian actor Henry of ABC's "Revenge"
29. Milk carton size
31. Raccoon-like animal
32. Dean Martin's nickname
33. Twirled
37. Pay-when-received [acronym]
38. House siding material, for short
40. Airport screen abbr.
42. Maritime workers' org.
43. "___ Excited" by The Pointer Sisters
45. Overlook
47. Master of ceremonies



49. Safety __ (Accessibility aids)
51. Bicycle wheel parts
52. Residential area
55. On the beach
57. 'Cond' completer (Excuse)
58. Telemarketing workplaces: 2 wds.
62. Thespian's verb

63. Garden's lat-ticework
64. Little devil
65. Boring routine
66. 'Glycer' suffix
67. 'Mod' suffix
68. Ms. Peebles
69. Barn abode
70. Lettuce variety
71. Some univ. degrees

72. Axl Rose's rock gr.

Down

1. Annoy
2. Actress Ms. Ferrara, for short
3. 1993 Dan Aykroyd comedy in which he reprised his Beldar character from "Saturday Night Live"

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

10. Montreal's Place __ Marie
11. Adjust
12. Toy bear
19. Old Rome's 1951
22. Dash
26. WKRP employee
27. Gladiator's 301
28. Move quickly
30. __ the finish: 2 wds.
32. Toss away
34. __ Nuclear (Generating station east of Toronto)
35. 1997 Peter Fonda title role
36. Rob Roy's refusals
39. Guy __ and His Royal Canadians
41. Answers: French
44. Q. "What's the 21st letter?" A. "Hmmm... either T ___"
46. "Love ___ you need." - The Beatles
48. Beetle Bailey creator Mr. Walker
50. North Pole's __ Ocean
51. Canadian actress Ms. McCarthy
52. Goes parasailing
53. Not-mowed grass
54. Actress Ms. White
56. ___ 7 (Brit pop group)
59. Some brand name jeans
60. Scale with one sharp, __.
61. Box

Friday's Crossword

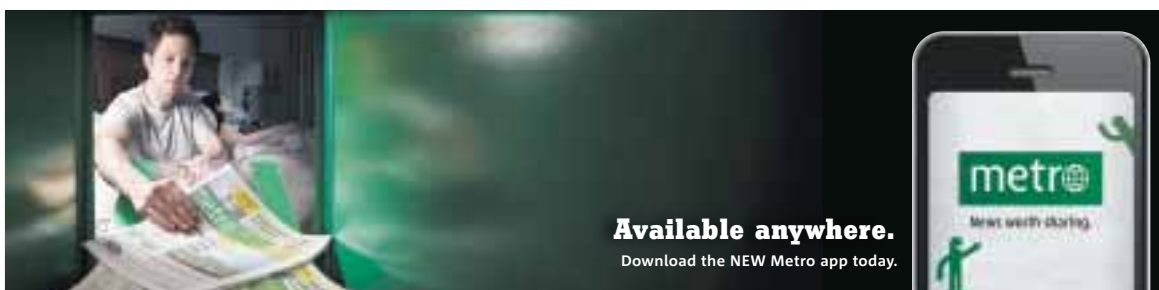
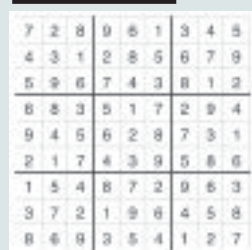


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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